



Acupuncture Consent to Services

(To be signed before services are provided)

I have read and understand both the front and back of this form and acknowledge that the purpose, goals, techniques, procedures, limitations, potential risks and benefits of the service(s) to be performed have been explained to me. I have also received the Notice of Privacy Practices and the accompanying Practices Regarding Disclosure of Client Health Information. I understand my health information will be used and disclosed consistent with this Notice, and that I have the right to request restrictions on certain uses and disclosure of my health information. Further, I have had the opportunity to ask my practitioner questions regarding the proposed services, this consent form, and other pertinent information, including questions about him or her, and have received satisfactory explanations. I understand that I am free to discontinue service(s) at any time.

I hereby volunteer consent to: Please initial all that apply

_____ Acupuncture (including electro-acupuncture) _____ Cupping or Gua Sha Therapy
_____ Blood Letting _____ Chinese Herbal Therapy _____ Tui Na Therapy

Printed Name of Client

Email Address

Home Address

Date of Birth

Preferred Phone

Signature of Client
(or parent or guardian if client is a minor)

Date

Signature of Practitioner or Witness

Date

Acupuncture

Service to be provided

I understand that acupuncture services individuals with a wide range of complaints including both acute and chronic healthcare issues. I understand that I may be treated with the insertion of needles and/or with the application of heat to the skin and /or electrical stimulation to the needles inserted in the skin.

Risks/Possible Side Effect

I understand that acupuncture may result in certain side effects, including local bruising, slight bleeding, fainting, temporary pain and discomfort, and temporary aggravation of symptom existing prior the treatment.

Chinese Herbal Therapy

Service to be provided

I understand that herbs are considered to be food supplements and are utilized to strengthen and support overall health and wellness. Herbs along with nonmedical nutritional suggestions can serve as an excellent adjunct to a medical doctor's treatment, but not as a substitute for that treatment. An herbalist can neither diagnose nor treat diseases.

Risks/Possible Side Effect

Side effects: The historical record and modern research indicate that the herbs most often used for healthcare have an exceptional safety record. However, adverse reactions and unintended side effects can sometimes occur when taking herbs. Side effects that have occasionally reported after using herbs include headaches, skin rashes and digestive upsets. Such effects generally resolve rapidly, especially if the dosage is reduced or the herb is stopped. Allergic reactions are also very rare but have been reported. Should adverse reactions or unpleasant side effects occur, I agree to discontinue taking the herbs and contact my herbalist as soon as possible. My herbalist may be able to propose measures to reduce any discomforts or may refer me to a physician or other healthcare practitioner.

Herb-drug interaction: Although herbs and other supplements have the potential to interact with pharmaceuticals and certain herbs have been shown to have some effect on limited range of pharmaceuticals, clinically significant interactions between most herbs and prescription drugs are rare or only potentially possible in theory. Nevertheless, some prescribed drugs are very strong and have a narrow range of safe dosage, which makes any interaction more risky. It is the responsibility of the client to disclose fully any medications currently in use, including other herbs and supplements that are using. Any indication that the effect of a drug is being altered by simultaneous use of an herb should be reported directly to all health professional involved. It is also advisable to stop taking herbs at least 48 hours before surgical operation, and in the event of being prescribed anticoagulants, antiepileptic drugs, and digoxin until expert advice is received.

Toxicity: All of the herbs that we use are generally considered safe and non-toxic at recommended dose for most people. However, it is important that the client uses the herbs in accordance with the dosage recommended by the herbalist. As the liver and kidneys are the body organs most vulnerable to any ingested or absorbed substance, it is also important that the client discloses to the herbalist any past or current disease in either of these organs. Herbs should not be used during pregnancy or lactation without advice of a healthcare practitioner and client who become pregnant should stop taking herbs until that advice is received. I understand and agree that it is important that I do not exceed the recommended dose of the herbs suggested by my herbalist. I also understand and agree to disclose to my herbalist any previous or current liver or kidney disease as well as any other condition that I believe may have an impact on my health status.